



*Lisa Hayes, MS, LMFT*  
*Licensed Marriage & Family Therapist*  
MFC #48886

February 1, 2017

Re: Katerina Sorrell, M.A., PCC Registered Intern  
PPSC Pupil Personnel Services Credential  
PCCI # 1877

To Whom It May Concern:

I am very pleased to provide this letter of recommendation for Katerina Sorrell. I have the highest regard for her professional abilities and integrity. I have been providing Clinical Supervision to Kat since January 2015, working closely with her as she has provided services to multiple school districts. Kat is highly professional, ethical, empathic and supportive of her clients and colleagues across all settings. Her warm, positive approach is truly remarkable and inspiring.

Kat is a natural collaborator, skilled at supporting all stakeholders; students, parents, teachers, administrative staff, school psychologists, and outside service providers. I have seen, time and time again, her tirelessly advocating for the emotional and academic well-being of every student that she meets. Whether she is working with an individual student or a group of students, speaking to a class, attending an SST, CST or IEP, or greeting students across the campus, Kat values and treats everyone with respect.

In her role as PCC Intern and School Counselor, Kat has helped students struggling with academic and behavioral issues, mood and anxiety disorders, suicidal ideation, cutting behaviors, family challenges and trauma. She is not intimidated by difficult situations and is regularly called upon to help calm and support students in crisis. Kat is gifted at building positive therapeutic alliances with her students, which is the foundation of positive outcomes. She has solid skills in curriculum development, case conceptualization, diagnosing where appropriate, establishing treatment goals and applying evidenced based interventions. Kat also develops systems that track outcome data from her treatment groups and specialized academic activities, maintaining high legal and ethical standards. These tools allow her to evaluate and maintain a high standard of academic and clinical efficacy while supporting the District's goals for the school.

It is a pleasure knowing and working with Katerina. I have no doubt she will be a valuable addition or support to your organization. If you have any questions, please feel free to contact me.

Sincerely,

Lisa Hayes, MS, LMFT  
Licensed Marriage & Family Therapist  
AAMFT Approved Supervisor  
MFC 48886

161 Fashion Lane  
Suite 110  
Tustin, CA 92780



949.829.3397  
info@lisahayesmft.com  
www.lisahayesmft.com